

Memory Verse: 3:2

*Set your affection on things above, not on things on the earth.*

Review: An Easy Life or a Great Life

Lesson 3 **A Stable Walk with God**

Helen Miller's "I Won't Let You Fall!"

Discussion Starter: Hidden Costs

Have you ever had an estimate done on something and after the work got started it ended up being a whole lot more than you anticipated?

Many persons are led to believe becoming a Christian is the easiest thing in the world. The preacher makes it sound so good. He or she says, 'All you have to do is ask Jesus to come into your heart and He will forgive your sins and you will go to heaven.' They make it seem like that's all there is to it.

Let's face it, living a Christian life requires a lot. You have to give of yourself, your finances, and your time and so on. You have to read your Bible, pray, stop sinning and start doing good works. And (depending on your denominational affiliation) you may have to give up some of the things you have come to love. Wow!

Have you found the Christian life easy or difficult?

What has made it one way or another?

Read Colossians 2:2-7

What do you think Paul means by being "rooted in Christ"?

Being rooted in Christ means that we allow Him to determine our values and priorities. Many Christians still have their roots and values in the world.

How do we do it?

We must allow the Bible to shape the way we think in order for our roots to grow deeper.

Activity: Read John 15:1-8 and look at the Tree Illustration.

As you can see I have placed Jesus' name across the trunk. Take a moment and write within your branches anything you think being connected with Christ will **produce** in your life.

Discussion. How ridiculous and impossible would it be to produce the branches without the trunk! Did you include?

Reading the Bible, praying, fellowshiping with other Christians, attending church, attending Bible Study, meeting with an accountability partner, other...

Why did you choose what you did?

Next steps...

Paul said in Colossians 2:7, “strengthened in the faith as you were taught.”



Do you remember the cartoon character Popeye?

Popeye wasn't strong until he ate his spinach!

Bluto could slap Popeye around until he ate his spinach.

Bluto was no match for Popeye after he had his spinach

Popeye didn't have strength in himself; the strength was in the spinach.

In the same way, you don't have strength in yourself. Your strength is in Jesus Christ as Paul said. He strengthens us as we partake of His Word! Jesus is our source of strength! He is the key that unlocks the power of God in our lives.

How can the Lord be your strength? Give practical examples from everyday life?

Paul also says in 2:7, “overflowing with thankfulness.” Paul says that we should be overflowing with thankfulness toward Christ for what He has promised in our lives.

Do you remember how it felt when you first got saved?

Do you remember how grateful you were when you realized God had forgiven you and shown you His mercy?

What reason did David find to give thanks in 1 Chronicles 16:8?

Read 1 Thessalonians 5:18.

- How can we give thanks in all circumstances?
- What good will that do for us?

Now, think it over. There is only ONE way to become a rock solid believer and establish stability in an ever changing world. You must do the same thing today that you did the day you were saved: put your faith in Christ. Let Him be the foundation of your existence. Rely on His strength and not your own.